

Waqamayu Shamanic Work

2017



Waqamayu offers shamanic programs and ceremony for women and men who wish to:

- establish a deeper connection to traditional healing
- discover personal healing through ritual; and
- discover and walk their spiritual path.

Our core program ‘Traversing the Worlds of Self’, is a four module residential for women. A practical and challenging program, ‘Traversing the Worlds of Self’ introduces you to the medicine wheel, Pachamama (Mother Earth) and the Chakana (Andean cross).

Through challenging ceremonial work, we assist you to navigate through your interior landscapes and to access your own healing.

To date, numerous women have participated in the program, which commenced in 2007.

Working with the powerful feminine Pachamama, we walk the Medicine Wheel and the Chakana, drawing on them for direction and guidance in our lives. They are ancient tools that allow us to focus our energies and move through difficulties and challenges. They offer pathways to creatively re- envision our lives.

Shamanism for Women: Traversing the Worlds of Self



Programs

'Traversing the Worlds of Self' is a four module residential program for women focussing on Pachamama, the Chakana and the Medicine Wheel. The program can be undertaken as single modules, or in sequence.

The program focuses on:

- a deeper connection to women's traditional healing
- discovering personal healing through ritual
- self discovery of one's spiritual path
- building a spiritual community of women's medicine

'Traversing the Worlds of Self' is for women who wish to face the challenge of navigating through their many selves, to reconnect with their own strength and resources as they weave their personal life stories. They are walking, or wanting to walk their spiritual path through ritual, community and accessing traditional wisdom.

East: Birth

In the East, the rising sun illumines the potential, the creative seed within. This is a time to explore your life path, your creativity; envisioning the full potential of your being.

Pachamama, the Earthmother, holds you as your soul takes flight opening to the creative energy of the East. Be claimed by life, be born ready to continue your path around the medicine wheel of your own life, weaving your own authentic story.

Date: 16 - 18 March 2018

Venue: Residential - Healesville



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Shamanic Work

North: Courage & Strength

The journey around the medicine wheel continues in the North where you connect to the powerful energies of Pachamama and Wiracocha, crossing the portals of the Chakana into the worlds and layers of the self. The North is a call for courage and strength as you plummet the depths of your life, shedding the past that weighs you down. Allow yourself to be stripped to your bones of a past that may cling too tightly. It is a time to find your voice and your courage to enable you to move into and through difficulties that present themselves to you and your path. Call upon the virtues of the North to confront your fears and help you forge and continue your path into the unknown.

Dates: 28 - 30 April 2017

Venue: Residential - Healesville

West: Healing & Compassion

The West is the place of healing and compassion, the place of Pachamama, the mothers and grandmothers. As the flesh begins to cover your bones, we traverse the West reconnecting with the powerful feminine. A time to honour your female ancestry, receiving the gifts and wisdom of the women who have walked before you. It is also a time to heal wounds that may still block the heart.

Date: 22 - 24 September 2017

Venue: Residential - Healesville

Through challenging
ceremonial work
navigate your interior
landscapes and
access your own
healing

(continued)



South: Your Medicine/Your Wisdom

We step through the doorway of the South into the darkness of the unknown. A place to rediscover the innate force within you, that which connects you with your natural essence, your medicine.

Date: 17 - 19 November 2017

Venue: Residential - Healesville

Allow Spirit to grow and let the virtues of the Chakana and the medicine wheel nurture you back to life

Cost of program

**Individual module \$480 each or
\$1850 for 4 modules (East, North, West & South)**

Cost includes all food and camping fees

El Solsticio: The New Sunrise

We invite you to come, reflect upon and celebrate the year that was. In this letting go, open your heart to the promise of the new sunrise, the new solar year.

Date: 24 June 2017

Venue: Healesville

Cost: \$75

About the facilitator

Marie-Elena Bravo has been involved in the healing arts since she was fifteen years old. Her spiritual path has taken her to experience and practice many different modalities, working with people of different ages and gender. She currently works from her private room as a Transpersonal Counsellor and uses ceremonial work to assist people through life transitions. Maria-Elena is a member of Spirit of the Earth Medicine Society and initiated elder in this community. Her interest in Shamanism has led her to travel around Australia, including spending time in dance and ceremony with Aboriginal women. The development and performance of ceremony is the aspect of healing which Maria-Elena feels most passionate about.

Maria-Elena Bravo is a member of the Spirit of the Earth Medicine Society. She has undertaken rigorous training in shamanic work and medicine ways over the past twenty years. Maria-Elena has a deep interest in South American shamanic traditions and has worked with healers in Peru and Mexico. She has considerable experience in the creation of ceremony and a particular area of interest is in assisting people in and through ceremonial work. She has facilitated ceremonies, shamanic workshops, and participated in ceremonial work with women elders of the Central Desert and Q'eros community in the Peruvian Andes.

For more information please contact us:

Email:
waqamayushamanicwork@yahoo.com.au

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